



S
O
L
A
R

S P A & W E L L N E S S

BODY TREATMENTS

Regain harmony with therapies that dissolve stress, release deep tension, & awaken energy that leaves you feel lighter, calmer, & deeply refreshed.

DEEP STRESS RELIEF

30 MINUTES 60 MINUTES
5,000/- 8,000/-

A restorative treatment that eases mental and physical fatigue, focusing on muscle relaxation and stress reduction for complete calm.

BACK TREATMENT

30 MINUTES 60 MINUTES
4,500/- 7,000/-

A targeted therapy addressing stiffness, soreness, and built-up tension in the back with a combination of massage and relaxation techniques.

NECK TREATMENT

30 MINUTES 60 MINUTES
5,000/- 8,000/-

Specialized massage for relieving stiffness, improving flexibility, and reducing pain or headaches caused by neck tension.

SHOULDER TREATMENT

30 MINUTES 60 MINUTES
4,500/- 7,000/-

Focused work on shoulder knots and muscle fatigue to restore comfort, improve posture, and release heaviness.

SCALP TREATMENT

30 MINUTES 60 MINUTES
4,500/- 7,000/-

A revitalizing massage that stimulates blood circulation, relieves headaches, and deeply relaxes the mind.

MYOFASCIAL RELEASE

30 MINUTES 60 MINUTES
4,500/- 7,000/-

Gentle sustained pressure applied to the connective tissue (fascia) to restore mobility, ease pain, and improve body function.

DRY CUPPING

(PER CUP)
1,000/-

A suction-based therapy that draws circulation to targeted areas, promoting detoxification and muscle recovery.

MASSAGE TYPES AND CHARGES

Experience the healing art of touch with aromatherapy, Swedish, Thai, or deep tissue massage, each tailored to restore balance, happiness, and vitality.

SWEDISH MASSAGE

45 MINUTES	60 MINUTES	90 MINUTES
6,500/-	8,500/-	12,000/-

A classic full-body massage using light to medium pressure, designed to relax muscles, improve blood flow, and ease overall tension while creating a calming experience.

TRADITIONAL THAI MASSAGE

45 MINUTES	60 MINUTES	90 MINUTES
7,500/-	9,500/-	14,000/-

A combination of acupressure, gentle rocking, and assisted yoga stretches that increase flexibility, restore energy balance, and release deep-seated tension.

DRY THAI MASSAGE

45 MINUTES	60 MINUTES	90 MINUTES
6,500/-	9,000/-	12,000/-

A traditional Thai massage done without oils, focusing on stretching, joint mobilization, and pressure points to enhance mobility and body alignment.

DEEP TISSUE MASSAGE

45 MINUTES	60 MINUTES	90 MINUTES
8000/-	10,000/-	15,000/-

A strong massage that works on deeper muscle layers and connective tissues, targeting chronic knots, stiffness, and persistent body aches.

FOOT MASSAGE

45 MINUTES	60 MINUTES	90 MINUTES
4,500/-	7,000/-	12,000/-

A pressure-based treatment focusing on the feet and lower legs, stimulating reflex points to improve circulation, relieve swelling, and restore balance.

4 HAND SWEDISH

45 MINUTES	60 MINUTES	90 MINUTES
8,500/-	8,500/-	12,000/-

Two therapists performing synchronized Swedish techniques for heightened relaxation and a deeply immersive massage experience.

4 HAND THAI

45 MINUTES	60 MINUTES	90 MINUTES
10,000/-	14,000/-	18,000/-

A dynamic four-hand session that combines Thai stretches and acupressure, giving the body a balanced and energizing release.

4 HAND DEEP TISSUE

45 MINUTES	60 MINUTES	90 MINUTES
6,500/-	8,500/-	12,000/-

A powerful massage with two therapists applying focused deep pressure, working together to unlock stubborn muscle knots and tension.

HOT STONE MASSAGE

45 MINUTES	60 MINUTES	90 MINUTES
12,000/-	15,000/-	20,000/-

Warm volcanic stones are placed on pressure points and used in massage strokes, helping muscles relax more deeply while soothing stress and fatigue.

DEEP TISSUE MASSAGE

45 MINUTES	60 MINUTES	90 MINUTES
8,000/-	11,000/-	14,000/-

A strong massage that works on deeper muscle layers and connective tissues, targeting chronic knots, stiffness, and persistent body aches.

TURKISH HAMMAM

Immerse in timeless tradition with steam, scrubs, and massages, detoxifying the body, renewing skin, and uplifting spirit.

MOROCCAN BATH

30 MINUTES
8,000/-

A traditional cleansing ritual with steam and black soap that detoxifies, exfoliates, and refreshes the skin.

MOROCCAN BATH & MASSAGE

30 MINS BATH WITH
30 MINS MASSAGE
12,000/-

A half-hour bath ritual followed by a relaxing massage for a balance of cleansing and soothing relief.

MOROCCAN BATH

30 MINUTES
8,000/-

A traditional cleansing ritual with steam and black soap that detoxifies, exfoliates, and refreshes the skin.

MOROCCAN BATH & MASSAGE

30 MINS BATH WITH
30 MINS MASSAGE
12,000/-

A half-hour bath ritual followed by a relaxing massage for a balance of cleansing and soothing relief.

MOROCCAN BATH & MASSAGE

30 MINS BATH WITH
1 HOUR MASSAGE
18,000/-

A purifying bath paired with a full hour of massage for complete rejuvenation of body and mind.

MOROCCAN BATH & BODY SCRUB

30 MINS BATH WITH
FULL BODY SCRUB
20,000/-

Skin deeply cleansed with the Moroccan bath then polished with a full-body scrub for softness and radiance.

MOROCCAN BATH WITH FULL BODY SCRUB & MASSAGE

30 MINS FULL BODY
SCRUB WITH 30 MIN
MASSAGE
25,000/-

A complete ritual combining cleansing, exfoliation & massage to detoxify & deeply relax.

S KIN TREATMENTS

Revel in luminous skin as indulgent scrubs, polishes, and soothing rituals nourish, refresh, and reveal your natural glow

BODY SCRUBBING

30 MINUTES 60 MINUTES
5,000/- 10,000/-

A thorough exfoliation that removes dead skin cells, leaving skin smoother, softer, and refreshed.

SKIN POLISHING

30 MINUTES 60 MINUTES
4,500/- 8,000/-

A treatment that enhances skin tone, smooths texture, and brings a radiant glow

MILKY BATH

30 MINUTES 60 MINUTES
8,000/- 12,000/-

A nourishing soak enriched with milk extracts that hydrate, soften, and rejuvenate the skin.

SOUPY MASSAGE

30 MINUTES 60 MINUTES
10,00/- 15,000/-

A warm oil-based massage using herbal blends that promote circulation and release deep body

BODY CLEANSING

30 MINUTES 60 MINUTES
7,000/- 12,000/-

A gentle detox treatment designed to purify skin, remove impurities, and refresh the body.